



**NATIONAL
ENDOWMENT
FOR THE ARTS**

Arts in Healthcare: Best Practices

**Compiled and Edited by
the NEA Office for AccessAbility
arts.gov/accessibility**

The Arts in Healthcare have grown into an international movement that works to infuse the full spectrum of the arts into healthcare settings—including design, visual, performing and literary arts—resulting in programs and healthcare environments that are welcoming and uplifting for caregivers, patients, their families, and visitors.

Examples of outstanding programs include:

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Smith Farm Center for Healing and the Arts

Washington, DC

The Smith Farm Center for Healing and the Arts was founded in 1996 as a Washington, DC-based, nonprofit health, education, and creative arts organization. The Center's primary goal is to advance the creative arts as a tool for engaging and nurturing the healing process. Smith Farm Center offers supportive programs for adults with serious illnesses, as well as programs for their caregivers and the medical professionals who serve them. The Center believes that the arts bring inspiration, hope, renewal, and visions of new possibilities to individuals, families, and the diverse Washington community.

Healing Arts Gallery: Open to the public and dedicated to promoting the arts as a tool for healing, new shows are mounted every other month at the Smith Farm Center's Healing Arts Gallery, which explores topics of individual, community, and global importance.

In addition to the art gallery and exhibition space, the Center supports a year-round schedule of programs that includes week- and day-long retreats, workshops, and artist-in-residence services. These programs reach more than 6,000 people annually. With a core group of 14 culturally diverse artists, the Center provides arts experiences to patients on a daily basis in three area cancer centers. Additionally, the Center provides visual arts, writing, and culinary arts workshops for cancer survivors, as well as "caring for the caregiver" workshops for clinical staff. Smith Farm Center is supported by private and public foundations, donations, and program income.



Smith Farm Center Musician-in-Residence Nazeeha Howard works with a patient at the Howard University Cancer Center.



The Healing Arts Gallery at the Smith Farm Center.

Smith Farm Center for Healing and the Arts
1632 U Street, NW
Washington, DC 20009
Phone: (202) 483-8600
<http://www.smithfarm.com>

Snow City Arts Foundation Chicago, IL

The Snow City Arts Foundation was founded in 1998 to provide arts education programming to Chicago's hospitalized children. Working with long-term pediatric patients who miss excessive amounts of school, the daily workshops use the arts as a springboard for learning.

Idea Lab: At Rush Children's Hospital, Snow City Arts established a creative resource center that is a medical-free zone, with a library, computers, piano, and music collection. Children can come to read, write, and play. In the lab, patients can also work one-on-one with artists-in-residence.



Snow City Arts exhibit at the ARC Gallery Chicago is titled "Sleeping on the Ceiling".

Workshops: Snow City offers workshops in creative writing, music, and the visual arts at the patient's bedside or in the Idea Lab. Through these innovative workshops, patients can learn digital photography, poetry writing, filmmaking, and how to play an instrument, as well as how to mix and record songs.

Partnerships: Artistically, Snow City Arts has partnered with area universities such as Columbia College in Chicago, as well as local arts organizations such as Performing Arts Chicago, Fulcrum Point New Music Project, and Young Chicago Authors, to ensure that children are learning from some of Chicago's best artists. Participants' creations have been featured at the Art Institute of Chicago, the Chicago International Children's Film Festival, the Chicago Humanities Festival, and numerous galleries across the city.

In 2006, the President's Committee on the Arts and Humanities recognized Snow City Arts Foundation as one of the 15 finest youth arts programs in the nation when it was awarded a 2006 Coming Up Taller Award.

Snow City Arts Foundation
1653 West Congress Parkway
Office 599 Jones
Chicago, IL 60612
Phone: (312) 942-6991
<http://www.snowcityarts.com>

University of Michigan Health System Gifts of Art Ann Arbor, MI

Founded in 1986, Gifts of Art brings the world of art and music to the University of Michigan Health System, including the University Hospital and C.S. Mott Children's Hospital. Providing artistic opportunities for patients, visitors, and staff, its offerings are intended to revitalize and enrich lives, assist and enhance the healing process, and reduce the stress and anxiety often associated with healthcare settings. A few of the hospitals' many programs include:



The Medici String Quartet performs a concert in the main lobby of the University Hospital as part of its weekly noon concert series.

Exhibit Galleries: Rotating galleries display more than 50 exhibits each year. The galleries are some of the most widely visited indoor, non-museum exhibit spaces in the state. Artists throughout the region display their artwork in spaces that are viewed by approximately 10,000 people each day, or about 3.4 million people per year.

Public Performances: Weekly performances in music, theater, and dance take place in the main lobby and courtyard of the University Hospital. They showcase the best of regional and international performers in opera, jazz, pop, Broadway, classical, folk, dance, ethnomusicology, and Shakespeare.



The Dragon of Wishes, Hopes, and Dreams is a collaborative art project by patients, staff and visitors to commemorate the 20th anniversary of the University of Michigan Hospitals and Health Centers.

Performances are free and open to the community and patients receive special invitations on their meal trays.

Art Cart: Gifts of Art operates two Art Carts—one in University Hospital and the other in C.S. Mott Children's Hospital. Colorful carts are filled with framed poster art and taken on regular rounds to inpatient units, giving patients the opportunity to select artwork for their rooms.

The Life Sciences Orchestra: The Life Sciences Orchestra (LSO) is made up of doctors, nurses, staff, and students in the hospitals and the life sciences departments at the University of Michigan. The conductor, Clinton Ryan Smith, is a graduate student at the U-M School of Music, Theater and Dance. The LSO presents two free public performances each year, drawing audiences of nearly 2,000 per concert.



Musician Betsy Beckerman plays guitar for a patient in Mott Children's Hospital.



Volunteer Stephanie Hu brings Art Cart, filled with colorful poster art, to patients at C.S. Mott Children's Hospital, allowing patients the opportunity to select artwork for their rooms.



Artist Julie Hussar plays harp for a mother and her baby.

Gifts of Art
NI-5C06
300 North Ingalls
Ann Arbor, MI 48109-5470
Phone: (734) 936-ARTS
<http://www.med.umich.edu/goa/>

Vanderbilt University Medical Center Cultural Enrichment Program

Nashville, TN

The Cultural Enrichment Program at the Vanderbilt Medical Center supervises public art throughout the hospital campus and offers a variety of arts programming for patients, staff, and visitors. Through Journal Painting, patients express their thoughts in writing, watercolor, and other media. The Celtic Commodores offer Irish music to patients, families, and staff. A harpist-in-residence can be found in various units of the hospital and strolling musicians visit patient rooms. Poetry Place displays poems, often thematic or seasonal. The Art Cart, containing a variety of arts supplies and materials, is wheeled up and down hospital corridors to involve patients and their families in creative activities.

Public Art and Galleries: The Cultural Enrichment Program is responsible for art and sculpture gardens throughout the hospital campus, as well as three onsite galleries. The program also co-sponsors a quarterly art forum to discuss the use of art in public spaces.

Medical students: During an 8-week period, artists help medical students select projects to engage pediatric patients. Medical students earn credit while working on arts projects with children in the “Arts for Children” program. This experience, often their first contact with a patient, not only offers medical students a chance to observe how the arts can empower a child, but provides a comprehensive art experience for patients.



“Indeterminate Line” by artist Bernar Venet, displayed on the Vanderbilt University Medical Center campus.



A child plays with an interactive exhibit at Monroe Carell, Jr., Children's Hospital, Vanderbilt University Medical Center.

Cultural Enrichment VUMC
1002 Oxford House
Nashville, TN 37232-4225
Phone: (615) 936-1234

www.mc.vanderbilt.edu/root/vumc.php?site=culturalenrichment

Lifespan Hospitals Healing Arts Program Providence, RI

The arts play a role at all of Rhode Island's Lifespan hospitals: Hasbro Children's Hospital, Miriam Hospital, Newport Hospital, and Bradley Hospital. In addition to enhancing the built environment, Lifespan's programs have raised public awareness about the role that art can play in humanizing health care institutions and aiding in recovery. Lifespan employs a full-time Arts Coordinator who directs and administers all of the programs. Four part-time, salaried, professional artists teach in the hospitals. Each semester, several college students assist with the arts programs through a work-study program.

Museum on Rounds: Museum on the Rounds began in 1991 as a collaboration by Lifespan Hospitals and the Museum of Art - Rhode Island School of Design. In weekly sessions, an art instructor shows reproductions from museum

collections and leads discussion concerning each piece of art. Patients are then given an opportunity to channel their creative energies through art projects inspired by the artwork. For many children, this program is their first exposure to great works of art and the creative process. Two professional artists, who are assisted by college students, plan and conduct this ongoing program that is funded by the hospital, grants, and private donations. The program has grown to include both outpatient and inpatient areas of Hasbro Children's Hospital.



Artist Michael Bresler plays guitar for a child.

Music on Rounds: A professional musician comes to Hasbro Children's Hospital each week and works throughout the hospital with small groups or one-on-one to involve, entertain, and interact with patients, families, and staff. Music has a soothing effect on the children, helping them express feelings that words may not be able to convey. This program is supported by the Rhode Island Lions' Club.

Tanya Trinkaus Glass Performance Arts Program: Professional artists from a wide range of disciplines perform, teach, and interact with the hospital community several times a week in the hospital. The roster for this program includes more than 25 professional artists. It is supported by grants from Tanya and Dennis Glass.

Art While You Wait: Three times a week, a professional artist and college students set up art stations in the emergency waiting area, where children create paintings, collage, and memory boxes. This program is supported by the Art for Life Foundation and is the recipient of the 2005 Blair L. Sadler Healing Arts Competition Award.

Projects of Possibility: Under the direction of a local artist, this program creates collaborative workshops among patients, families, and hospital staff, who paint and transform chairs, clocks, and cabinets into art. The finished works of art are auctioned at an annual gala, with proceeds benefiting the Healing Arts programs. The program is also funded by private donations.

Big Apple Circus Clown Care Unit: The Big Apple Circus Clown Care Unit is a group of clowns specifically trained by the Big Apple Circus to work in medical settings. Costumed



A waiting room at Hasbro Children's Hospital.



Playing fountain designed by Howard Bentre in Hasbro Children's Hospital.

as doctors and nurses, the clowns visit patients in their rooms or the unit activity room and entertain with humor and play specifically suited to hospitalized children.

Museum on Wheels: The Rhode Island Hospital Art Cart offers patients the opportunity to choose artwork for their rooms from a traveling library of prints and photographs. Being able to choose, in an environment where choices are few, encourages mental alertness and a sense of connection to the outside world. The program is supported by the Rhode Island Hospital Medical Staff Association.

Lifespan Hospitals' Healing Arts Program
593 Eddy Street
Providence, RI 02903
Phone: (401) 444-3153
<http://www.lifespan.org/services/arts/>

COSACOSA art at large, Inc. Healing Art Project Philadelphia, PA

Since 1995, COSACOSA's Healing Art Project has brought individuals in the hospital together with local community members to experience new artistic techniques, as well as learn about each other. The project encompasses community workshops, artists' commissions and exhibitions, and other public presentations. The Healing Art Project reaffirms the time-honored role of artists in sustaining the health of a community.



“Connection,” an 80' x 5' ceramic mural, was created by pediatric hospital patients, community youth, and artist Philip Dit Wah Deng Tang for the Philadelphia International Airport as part of the Healing Art Project.

Due to physical or financial obstacles, most participants have not had the opportunity to directly experience art and the process of art-making. Working together, project participants empower each other to be responsible and proactive citizens and develop new strategies for overcoming obstacles.

Public Art: Through direct collaboration with professional artists, participants design and create permanent public art for neighborhood spaces. They are instructed by working studio artists in one or more specific art-making skills and then guided in the design and creation of a communal, site-specific work. Each year, the project typically provides Philadelphia community members with more than 300 hours of hands-on art-making experience in direct collaboration with professional artists. Every year, 150 group workshops of 20-30 participants each (ranging in age from 6 to 90) are held in accessible Philadelphia-based hospitals, community facilities, and city clinic locations.



Artist Philip Dit Wah Deng Tang works with patients at Temple Children's Medical Center to create "Connection," a site-specific ceramic mural for the Philadelphia International Airport.

COSACOSA art at large, Inc.
4427 Main Street
Philadelphia, PA 19127
Phone: (215) 382-2554
<http://www.cosacosa.org/>

Shands Arts in Medicine Gainesville, FL

In 1991, Shands Hospital created an artists-in-residence program for the pediatric oncology clinic. The program spread rapidly to other units and by 1997 there were 14 visual, literary, and performance artists in the facility working 20 hours each per week. The Arts in Medicine program (AIM) at Shands holds that human creative expression among children and adults in various stages of sickness or recuperation is a unique tool to be used alongside the medicines and treatments that accompany illness.

On a given day you might find musicians strolling the corridors or a dancer dancing with a child in her room. The atrium of the hospital contains Healing Walls, comprised of ceramic tiles painted by patients. All areas of the hospital and clinical setting are transformed into performance venues, including lobbies, waiting rooms, hallways, and even patients' rooms.



Artist-in-Residence Mary Lisa Kitakis Spano assists a young dialysis patient painting a ceiling tile at Shands Healthcare Center.

Lose Your Dialysis Blues: Visual artists bring a cart full of art materials into the dialysis unit to paint, draw, and create collage with pediatric patients. Dialysis treatments can last as long as three hours, so the activities help distract patients from the boredom and anxiety that go along with the procedure.

AIM Together: This partnership allows world-class artists who are engaged with the University of Florida's Performing Arts Season to visit Shands Healthcare facilities to perform and do short residencies. Patients, staff, and visitors have access to these performances in a non-traditional cultural setting. Visiting artists have included STOMP, the Soweto Gospel Choir, and the Cypress String Quartet.

Design & Aesthetics: Shands invests in the surrounding environment of its facilities by investing in fine art for its public areas and displaying patient art in clinical areas. An artist works on the design and construction team. Shands maintains a collection of paintings, cultural textiles, and sculpture, as well as art installations by and inspired by patients, families, and staff.



Artist-in-Residence Madeline Austin developed a program called Clothesline Art, which displays the artwork of heart transplant patients in the waiting room at Shands Healthcare.

Shands Arts in Medicine
P.O. Box 100326
Gainesville, FL 32610
Phone: (352) 265-0151
<http://www.shands.org/aim/>

Creative Kids, Inc.

El Paso, TX

In 1999, Creative Kids launched Project AIM (Arts in Motion), a program specifically geared toward pediatric oncology patients at Providence Memorial Hospital. The program was selected as a semi-finalist for the 2007 President's Committee on the Arts and Humanities' Coming Up Taller Awards. With Project AIM, Creative Kids takes a non-traditional setting and engages patients in the arts with a menu of visual media, including painting on canvas, printmaking, and graphic arts, among others.



The program affords children the opportunity to connect with their own creativity, self-expression, and imagination. Children facing terminal illnesses often experience a daunting range of physical and emotional symptoms and utilizing their creative talents helps create a sense of calm and lift their spirits. Project AIM is supported by the Rio Grande Cancer Foundation, the McKee Foundation, Price's Creameries, Texas Women for the Arts, the Texas Commission on the Arts, the El Paso Community Foundation, the Stern Foundation, the Walt Disney Corporation, the Walter Hightower Foundation, and the Tenet Healthcare Foundation.



Artist Stephen Ingle, Co-Founder of Creative Kids, works with patients at Providence Hospital.

Graphic Arts: Patients at Providence Children's Hospital can participate in digital media and graphic design classes with professional artists using sophisticated computers and technology. The classes encourage patients to leave their room and express themselves in new and various forms of mixed media.

Exhibitions: An important aspect of Project AIM is the exhibition of the artwork created by children whose lives are affected by cancer. The exhibition gives patients a sense of accomplishment and pride, while providing the public an opportunity to view the depth

and richness of their art. These exhibitions can be seen at the Creative Kids OLO Gallery and in the Imagination Gallery at Providence Children's Hospital.

Creative Kids, Inc.
504 San Francisco Street
El Paso, TX 79901
Phone: (915) 533-9575
www.creativekidsart.org

Riverside Methodist Hospital Healing Arts Program Columbus, OH



A paper quilt created by patients to symbolize their strength and courage.

Since 1997, the Healing Arts Program of Cancer Services at Riverside Methodist Hospital has offered adult cancer patients an opportunity to explore and express emotions through the use of art. Riverside Cancer Services understands the importance of respecting artists as professionals and compensating them for their expertise and work.

Arts While You Wait: While patients wait for medical appointments, they can participate in a variety of art activities with trained arts volunteers. The program includes silk painting, canvas painting, weaving, and *Bottles of Hope*. Patients may decorate medicine bottles with polymer clay to create artistic works. The bottles are given to newly diagnosed patients as a symbol of hope.

Ceiling Tile Art: Patient care areas are transformed by painted tiles on the walls and ceilings. Individuals with cancer, family members, community groups, physicians, and clinical staff join in the effort to paint tiles. Hospital ceilings serve as exhibit space for more than 400 tiles and others line the hallways of oncology and radiation treatment rooms.

Helping You Heal: A program of monthly group sessions are offered to outpatients that include journaling, collage boxes, paper folding, and book making.



A silk painting created by medical staff members for the Global Art Project.

The Artist-in-Residence Program: Professional artists are specially trained, supervised, and employed to work with patients at their bedside and in group settings to involve them in the arts, including photography, book making, oral history, music composition, writing, knitting, and journaling.

Riverside Methodist Hospital Cancer Services
3545 Olentangy River Road, Suite 511
Columbus, OH 43214-3916
Phone: (800) 752-9119
<http://www.ohiohealth.com/body.cfm?id=930>

Lombardi Comprehensive Cancer Center Arts and Humanities Program

Washington, DC

The Lombardi Comprehensive Cancer Center's Arts and Humanities Program introduces the arts to people with cancer and to those who care for them. Visual arts, music, dance, creative writing, and theater are utilized to create avenues of expression that help support patients, their families, and caregivers. More than 50,000 people benefit from the Arts and Humanities Program each year. As a research institution, the Lombardi Center has studied the benefits of expressive writing during cancer treatment. The findings were published in February 2008's *The Oncologist*.

Artists: Offering performances, workshops, and art demonstrations, Lombardi strives to be a welcoming health center that engages 40 visiting and resident artists. Fifteen are paid professionals and others are volunteers. Several artists are cancer survivors who learned firsthand how the arts can assist with stress management, reinforce a sense of identity and purpose, and strengthen relationships between patients and caregivers. Lombardi is participating in an artist exchange program between Northern Ireland and the U.S. as part of an ongoing partnership with Queens University, Belfast, and Lombardi at Georgetown University.



Artist Nevin Bossart (left) paints with a patient in the Lombardi Comprehensive Cancer Center Clinic.

Lombardi Moves: A dance curriculum offered at the center is specifically designed for cancer patients, reducing stress and increasing muscle tone and flexibility. These dance workshops can be modified to accommodate limited mobility and other special needs of participants. Separate dance sessions are also offered to staff. In 2008, the Center hosted an International Symposium on Dance and Healthcare, looking at the development of dance therapy curricula for wellness programs across the world.

Lombardi Arts and Humanities Program
Lombardi Comprehensive Cancer Center
at Georgetown University
3800 Reservoir Road, NW
Washington, DC 20057

<http://lombardi.georgetown.edu/artsandhumanities/index.html>

Duke University Medical Center Health Arts Network at Duke (HAND) Durham, NC

The Duke University Medical Center continues to be a pioneer in the field, assisting hospitals nationwide in establishing arts programs for patients, visitors, and staff. Established in 1978, the mission of the Health Arts Network at Duke (HAND) is to integrate the arts and humanities into the life of the center, bringing the healing power of the arts to people who are ill and to those who care for them. This extensive program offers literary, performance, and visual arts programming that benefits medical center employees and thousands of patients and their families every year.

Performing Arts: HAND presents professional and student performing artists who perform instrumental music, dance, and song drawn from a variety of genres and cultures. The “Arts at Your Bedside” program provides performances in patient rooms, waiting areas, clinics, and hospital lobbies, and a showcase that features the talents of Duke staff in the Annual Colleague Cabaret.

Visual Arts: HAND maintains an inventory of more than 2,000 original artworks throughout the Center. The artwork, created primarily by North Carolina artists, includes drawings, paintings, photographs, pottery, prints, sculpture, and weavings. The visual arts program enhances public areas and nearly every patient room with the placement of artwork. Exhibits are curated with two- and three-dimensional media by local and regional artists.



A girl who is visually impaired plays an African-style drum made for Duke's Touchable Art Gallery.

Literary Program: HAND provides poetry, journaling, and bookmaking to patients with acute psychiatric disorders and at-risk pregnant women on long-term bed rest. It also distributes free journals to patients, accompanied by guides for using them; curates and exhibits framed poetry throughout the medical center; produces a bi-annual poetry contest; and publishes a chapbook of the winning poetry entries by patients, staff, families, and visitors. HAND also hosts the Osler Literary Roundtable—a weekly event featuring emerging and established poets.



Harpist JJ Muline plays for patient at bedside at the Duke University Medical Center.



A Touchable Art Gallery visitor “sees” with his hands the “Magic Tree” quilt by Pat Patterson.

HAND in the Eye Center is a visual arts program for people with vision loss that features a Touchable Art Gallery where guests and patients are invited to handle the permanent and temporary art displayed. It provides hands-on art activities for children who are waiting for surgery and exhibits works created by artists with vision loss. HAND also engages volunteer gallery docents who conduct tours of the artwork for visitors, places artwork to enhance public waiting areas, and curates changing exhibits of three-dimensional media by local and regional artists.

Health Arts Network at Duke (HAND)
Box 3017 DUMC
Durham, NC 27710
Phone: (919) 684-6124
<http://hand.duhs.duke.edu/>

University of Iowa Hospitals and Clinics Project Art Iowa City, IA

With funding from the new hospital building construction budget in 1976, an art acquisition program was established to place original art in public areas of the University's hospitals and clinics. Bolstered by the positive response from patients, visitors, and staff, a feasibility study was conducted in 1977 to consider formalizing the art program. The University of Iowa (UI) Hospitals and Clinics initiated Project Art the following year, with monthly art exhibitions and the leasing of art for public areas. Subsequently, performing arts events, a traveling Art Cart, and studio art sessions for patients were added to the program.



A nursing student studies an exhibit in the Hospital's Medical Museum.



Staff, visitors, and patients watch a modern dance performance by artists Angie Hayes and Judith Moessner in the Hospital atrium. Project Art hosts more than 60 performances each year, including music, theatre, and dance.

Art in State Buildings:

Iowa's state legislation mandates that one-half of one percent of the cost of major state construction projects goes toward the purchasing and presentation of fine art. As part of this Art in State Buildings program, UI Hospitals and Clinics oversees more than 5,800 objects in a variety of art mediums, such as drawing, mixed media, sculpture, ceramic art, photography, and printmaking. The hospital system's

permanent collection includes more than 3,900 original works of art and 2,200 reproductions. Rotating exhibitions representing Iowa and Midwestern artists cycle through five hospital and clinic locations.



Olga Will selects artwork for the Art Cart that is taken to patients so they can choose art for their rooms.

University of Iowa Hospitals
and Clinics
200 Hawkins Drive, 8023 JCP
Iowa City, IA 52242
Phone: (319) 353-6417
<http://www.uihealthcare.com/depts/projectart/>

Hospital Audiences, Inc. New York, NY

Hospital Audiences, Inc. (HAI) is a nonprofit organization founded in 1969. It provides access to a variety of cultural events, including dance, theater, visual arts, and music for older adults, people with disabilities, people in healthcare settings, and at-risk youth. HAI offers on-site performances of music, theater, and dance. It provides audio description for theater patrons with vision loss and discounted tickets to cultural events.

The Omni Bus Program: Patients, frail older adults, and people with disabilities are provided with transportation to cultural events throughout New York City by two fully accessible transit buses.

The Gallery at HAI: Exhibitions of work by artists and students from HAI are toured around the country. Art has been shown by self-taught artists such as HAI's internationally-recognized Outsider Artists Ray Hamilton, "Lady Shalimar" Montague, and Melvin "Milky" Way.



Artists and students at work at the Studio at HAI's loft.

Arts Workshops: An array of participatory hands-on classes in music, dance, drama, visual, and media arts are led by professional artists. Participants include people with disabilities and homeless families. Workshops take place at nursing homes, day treatment programs, residences, and shelters, as well as in after-school and respite programs. The Studio is an intensive art-making experience at HAI's loft for adults with mental disabilities.

Hospital Audiences, Inc.
548 Broadway, 3rd Floor
New York, NY 10012
Phone: (212) 575-7676
<http://www.hospitalaudiences.org/>



Artist Suzi Myers teaches a movement workshop for residents of the Workman's Circle Nursing home.

University of Washington Medical Center Seattle, WA



Since 1986, the University of Washington (UW) Medical Center has presented an arts program for the benefit and enjoyment of its community of patients, visitors, faculty, and staff. The program includes a permanent art collection, special projects and exhibitions, an artist-in-residence program, programs in literary and performing art therapy, and a healing garden.

The program is built on the belief that art helps create a rejuvenating and respectful environment that nurtures the entire community, provides visual and cultural bridges to acknowledge and honor its diverse population, and symbolizes and reinforces the spirit of innovation and humanity that are vital in teaching, medical research, and patient care.

Artist-in-Residence Carolina Clark assists children in constructing pinwheels at the UW Medical Center's annual Summer Fest.

Art Collection: The UW Medical Center has purchased more than 700 paintings, sculptures, and other forms of art. More than 350 textiles from around the world are displayed in public spaces as well as patient rooms representing the area's diverse communities. Funding for art collection purchases and the artist-in-residence program is provided by the UWMC Service League, a volunteer, nonprofit organization that raises funds for patient services. The hospital employs a professional arts director, who manages the art collection.



University of Washington
Medical Center
1959 NE Pacific Street, Box 356144
Seattle, WA 98195-6144
Phone: (206) 598-6313
<http://uwmedicine.washington.edu/Facilities/UWMedicalCenter>

The UW Medical Center's Sky Light Gallery, located on the main lobby level, hosts a wide variety of art exhibitions. Doors at the end of the hallway lead out to the Healing Garden.

Rady Children's Hospital and Health Center Healing Arts Program San Diego, CA

Since 1993, Rady Children's Hospital and Health Center has developed a model Healing Arts Program that is fully integrated into the pediatric clinical environment. Originally developed in conjunction with a new patient care pavilion, the Healing Arts Program engages all departments, creating an environment designed to enrich the experiences of patients, families, and staff. The program is in concert with the hospital's mission to restore, sustain, and enhance the health and developmental potential



Artist Alberto Caro helps a young patient complete a brushstroke at a Healing Arts lunchtime painting event.

of children. The hospital exhibits more than 300 works of art and has several changing galleries featuring community and children's art. It employs storytellers, musicians, and visual artists-in-residence who engage children in the arts. The hospital commissioned artists and designers to transform four lackluster courtyards into whimsical outdoor retreats and healing gardens. These peaceful sanctuaries provide a quiet respite for patients, families, and staff, promoting health and well-being for all who visit.

Music: Musicians can be found performing throughout the hospital, including the surgical, neonatal, and pediatric intensive care units. Harpists play at patient bedsides. In outpatient clinics, guitarists and singers go from room to room taking requests. And African drum presentations engage patients by allowing them to play instruments from all over the world. Rady also partners with MusicWorx of California to bring in music therapists to work one-on-one with patients and their families.

Storytellers: Started in 1996, Rady's Children's Storytellers Program engages both English- and Spanish-speaking storytellers to go into patient rooms, children's playrooms, waiting areas, and lobbies to help take patients and families' mind off the clinical setting and their treatments. Some of the storytellers team up with the music program for a more fun and dramatic performance.

Rady Children's Hospital – San Diego
3020 Children's Way
San Diego, CA 92123
Phone: (858) 576-1700
<http://www.chsd.org/body.cfm?id=55>

The Creative Center

New York, New York

The Creative Center, Inc. is a community of artists, patients, survivors, and friends who are dedicated to bringing creative arts to adults and children diagnosed with cancer and other life-threatening illnesses. The Center unites professional artists with patients, families, and healthcare staff. Workshops are held in the visual, literary, and performing arts. Programs are offered in hospitals and hospices in New York, New Jersey, Connecticut, and Massachusetts. Founded in 1993, the Center convenes a bi-annual, international Artist-In-Residence Training Institute and an annual colloquium for healthcare arts administrators; it also publishes a resource manual on arts in healthcare.

Workshops: The Creative Center holds workshops daily in a variety of art disciplines, including drawing, painting,



A still life setup and patient artwork at an outpatient medical infusion suite.

sculpture, photography, creative writing, and dance. All classes are free and open to those who are in treatment for, or survivors of, chronic illnesses.

Arts in Healthcare

Gallery: A variety of art work is exhibited at The Creative Center's gallery by professional and non-professional artists who are cancer survivors, living with illness, caregivers, hospital artists-in-residence, and healthcare professionals. The Creative Center also provides professional gallery services for artists, including sales, art and framing consultation, and management of commissioned work.



A patient with her artwork at the Long Island College Hospital in New York.

Artists-In-Residence: Programming by professional artists provides bedside arts in 20 hospitals and hospices in the New York area. Each year, artists work with more than 15,000 patients and family members in oncology units, bone marrow transplant units, general medical/surgical floors, intensive care/respiratory units, palliative care programs, and outpatient clinics.

The Creative Center:
Arts in Healthcare
273 Bowery
New York, NY 10002
Phone: (646) 465-5313
www.thecreativecenter.org

The Connecticut Hospice

Branford, CT

The Connecticut Hospice was the first hospice in the United States, and later was the first to provide a national model for integrating the arts as part of an interdisciplinary approach to hospice care. The arts program at the Connecticut Hospice was established in 1979 with funding from the National Endowment for the Arts, and it has served more than 50,000 hospice patients and their family members. Currently the program is funded by grants and philanthropic donations. Hospice care affirms and focuses on quality of life.



Artist and staff member Marilyn Skebe paints with patients and family members at the Connecticut Hospice.

Arts as a Component of Care:

Hospice embraces and views the arts as an important component of holistic care for patients, families, and staff. As members of the team, artists assist patients and families with individual creative art projects. Artists present performances, coordinate changing art exhibitions, and tend to flowers and plants in the building and in outside patio gardens. An important program focus is helping patients and families stay connected to the community at a time when they feel isolated. The arts program provides them with a sense of involvement, interaction, and support. Programming includes painting, jewelry making, seasonal crafts, poetry writing, beadwork, weaving, story-telling, and performances.



Classical guitarist Alex Henry of the Yale Music School performs recitals for patients and families each month.

Staff: The arts program at the Connecticut Hospice is staffed by a full-time director, a music therapist, an art therapist, professional musicians, several part time artists-in-residence in mixed media and portraiture, and art therapy interns.

The Connecticut Hospice
100 Double Beach Road
Branford, CT 06405
Phone: (203) 315-7500
<http://www.hospice.com/>

Stuart Pimsler Dance and Theater

Minneapolis, MN

Stuart Pimsler Dance and Theater (SPDT) creates and presents performance works with community casts that represent a broad socio-economic cross-section of the population. The works include collaboration with healthcare professionals, parents and children, high school athletes, and older adults. Performances have been presented in more than 25 states, as well as Canada, Europe, Israel, Taiwan, and Russia.



Artists and caregivers reach to find a deep stretch during the three-day symposium at the University of Minnesota's West Bank Campus.

Caring for the Caregivers: The Company's signature program, Caring for the Caregivers, is a series of workshops and performances designed to help healthcare professionals find expression for the complex emotional issues and stress associated with their work. The dance program involves a broad cross-section of the healthcare community, including physicians, nurses, medical students, hospice staff, social workers, therapists, counselors, and administrative personnel, as well as patients and their families.

Working with Artists, Sharing the Healing (WASH): Presented annually at the Barbara Barker Center for Dance at the University of Minnesota, the three-day symposium offers professional artists and caregivers opportunities to explore potential partnerships and strategies for the integration of healing and creative expression. The workshop includes large group movement sessions, small group discussions, one-on-one creative process sessions, and presentations by guest speakers with expertise in the field of integrative medicine and the arts. Participating artists include writers, sculptors, dancers, musicians, photographers, painters, and actors. Caregivers consist of social workers, nurses, counselors, physicians, chaplains, therapists, and family members.

Stuart Pimsler Dance Theater
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Minneapolis community performers in SPDT's "Moving Inquiries" a piece performed at the Weisman Art Museum.